



Meet Our Doctor

Nichole Findell
B.S., D.C., MTAA

- Born and raised in Kansas City Metro Area
- Graduated from Cleveland Chiropractic in 2009
- Nationally board certified in Chiropractic, Physiotherapy and Acupuncture
- Trained under Dr. Richard Yennie, pioneer of Chiropractic Acupuncture
- Provides continuing education for the community through classes and workshops.

Dr. Nichole is passionate about encouraging healing through chiropractic care and natural healing modalities, including individual lifestyle changes. Staying in tune with your body is the best way to achieve balance in life. Acupuncture paired with chiropractic care improves your body, mind, and soul. Her vision is to empower individuals and families to lead a healthier life and become the best versions of themselves.



“Dr. Nichole never ceases to amaze me and never fails to make me feel better. She is always willing to listen to my health concerns and explains her treatment plans in simple, easy to understand language. I highly recommend her to anyone seeking a caring yet professional doctor in a stress-free office environment.”

~ Tara



Infinity Chiropractic & Acupuncture

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Can Chiropractic Help?



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Chiropractic has helped millions of people recover from sickness, disease, & disability and minimize the use of drugs and surgery in their lives.

What is Chiropractic?

Chiropractic locates and removes a form of spin and nerve stress, a condition that puts pressure on your nerves, unbalances your body, lowers your resistance to disease and weakens you. Nearly everyone gets spinal nerve stress. It is a "hidden epidemic" and it is for that reason that we all need to have our spines checked for this condition by a doctor of chiropractic every once and a while, just as we get our teeth and blood pressure checked regularly.

Chiropractic is focused on the body's ability to self-heal and includes other modalities like nutrition, exercise, and meditation.

What does Chiropractic care treat?

Chiropractic care treats all kinds of conditions such as cold or ear infections, PMS, spinal or disc problems, arthritis, insomnia, stress, vision problems, headaches, allergies, bed wetting, colic, high blood pressure ~ the list is long! The goal of chiropractic treatments is not the treatment of disease or symptoms but rather the enhancement of health through the reduction of spinal nerve stress.

Going Beyond Your Symptoms

SYMPTOMATIC CARE

You can experience pain relief with Chiropractic care, but that doesn't mean the underlying structural issues have been resolved. Stopping care too soon results in recurring pain.

"But Chiropractic didn't help my Aunt Bess!"

We are willing to bet Aunt Bess quit as soon as she felt some pain relief, and didn't treat the structural issues causing the pain.

CORRECTIVE CARE

Similar to how braces change the structure of the teeth, chiropractors work to alter the structure and function of your spine which affects the nervous system. Chiropractic treatments serve to slowly re-align the body and improve the strength, flexibility and function of the joints, muscle and nerves in and around your spine.

WELLNESS CARE

Our goal is not only to get you healthy, but to **KEEP** you healthy! We believe our proactive approach of advising regular check-ups will help you maintain a healthy and active lifestyle.

Chiropractic Q&A

Q. What does a Chiropractor do?

A. The doctor of chiropractic analyzes your body for restricted movements, tight muscles, and painful areas of your spine and extremities using his/her hands and other analysis tools, and then corrects or removes any spinal nerve stress using various spinal adjustment techniques.

Q. Assuming I am going to take chiropractic treatments, how are they performed?

A. Chiropractors work with the bones and nerves of the spinal column and spinal cord. Chiropractors spend years of highly specialized training in order to locate where misplaced spinal vertebrae are impinging nerves. After locating the impinging nerves (subluxations), the chiropractor applies a small amount of force to the 'stuck vertebrae' taking pressure off the nerve as well as increase range of motion. This is called a Spinal Adjustment.

Q. Can I receive chiropractic treatments if I'm under medical care?

A. Absolutely! Having your spine in proper alignment is important no matter what other type of care you're receiving. You can have your spinal column checked for vertebral subluxations by a doctor of chiropractic and still visit a doctor of homeopathy, naturopathy, osteopathy or medicine. We may even send you to your MD as part of co-treatment of your condition.

